



FREMAN COLLEGE SKI TRIP

28TH MARCH

4TH APRIL

MARILLEVA, ITALY



GROUP 1 DEPART SCHOOL BY COACH AT 05.00 AM



GROUP 2 DEPART SCHOOL BY COACH AT 09.00 AM

FLIGHTS GROUP 1

- OUTBOUND FLIGHT – FR2338
- DEPART LONDON STANSTED 09:55
- LAND AT VERONA AT 12.55
- COACH PICK UP TIME AT 13.45

- INBOUND FLIGHT – BA0609
- DEPART VENICE AT 21:30
- LAND AT HEATHROW 22:45

- FLIGHT TIMES ARE SUBJECT TO CHANGE



FLIGHTS GROUP 2

- OUTBOUND FLIGHT – FR168
- DEPART LONDON STANSTED 14:00
- LAND AT TRIESTE AT 17.05
- COACH PICK UP TIME AT 18.00
- INBOUND FLIGHT – BA0609
- DEPART VENICE AT 21:30
- LAND AT HEATHROW 22:45
- FLIGHT TIMES ARE SUBJECT TO CHANGE



WHERE IS MARILLEVA?





HOTEL MARILLEVA 1400



MEALS

**DINING ROOM
WHERE ALL MEALS
ARE TAKEN**



ROOMS

- ALL ROOMS ARE EN-SUITE
- TV
- TELEPHONE



SWIMMING POOL

SKI & BOOT FITTING

- PLEASE MAKE SURE BOOTS FIT - do not be scared to tell member of staff if not correct fit.
- PLEASE DO NOT SWAP SKIS WITH ANYONE
- PLEASE DO NOT PLAY WITH BINDING





LESSONS

- INSTRUCTOR WILL DIVIDE INTO GROUPS OF:-
- BEGINNER
- INTERMEDIATES
- ADVANCED
- 4 HOURS OF LESSONS EACH DAY
- 2 HOURS IN THE MORNING
- 2 HOURS IN THE AFTERNOON



APRES SKI ACTIVITIES

ICE SKATING



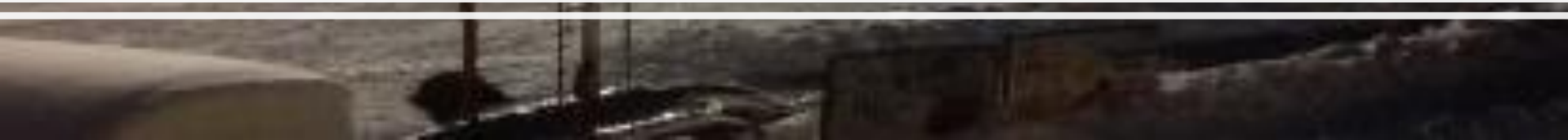
APRES SKI ACTIVITIES

PIZZA NIGHT





NIGHT SKIING



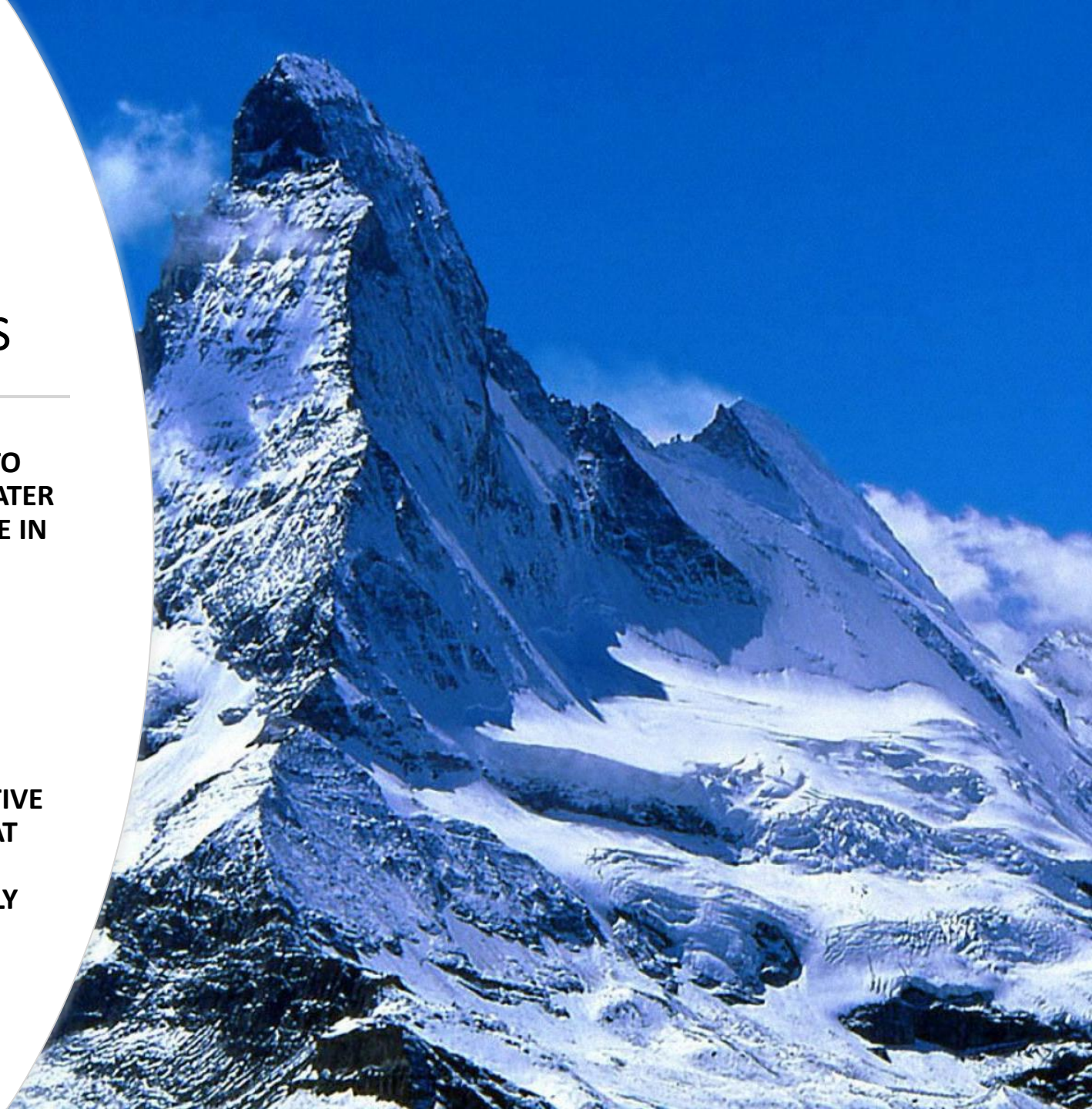


ANY QUESTIONS
BEFORE THE TALK
ABOUT SKI
EQUIPMENT??



GENERAL POINTS

- **YOU WILL BE GOING TO ALTITUDE MUCH GREATER THAN ANYTHING HERE IN THE UK INCLUDING SCOTLAND**
- **TAKE ALL ITEMS OF CLOTHING AND EQUIPMENT IRESPECTIVE OF THE WEATHER THAT MORNING AS IT CAN CHANGE VERY QUICKLY**



STARTING AT THE TOP

- YOU WILL BE WEARING A HELMET



- BUT WE STILL RECOMMEND A BEANIE



PROBABLY THE MOST IMPORTANT ITEM

► CREAM AND LIP SALVE



STILL ON THE HEAD

- **YOU NEED TO TAKE GOGGLES AS A PRIORITY**



- **BUT YOU WILL GET USE OUT OF SUNGLASSES**



MOVING DOWN

- GOOD PAIR OF GLOVES, WATERPROOF, BREATHABLE AND PROTECTION ON THE PALMS



AN ITEM YOU NEED TO DUPLICATE

-
- WE RECOMMEND 3 PAIRS
OF SKI SOCKS



USEFUL ITEMS

VELCRO SKI TIE AND A NECKWARMER



LARGER ITEMS



**THERMAL
SET**

- **THE KEY TO KEEPING WARM IS TO BUILD YOUR CLOTHING UP IN LAYERS**



MICROFLEECE

OUTERWEAR



JACKET



SKI PANTS



SENSIBLE FOOTWEAR

ACCESSORY PACK

- SKI GOGGLES
 - SUNGLASSES
 - CREAM AND LIP SALVE
 - SKI GLOVES
 - 3X SKI SOCKS
 - VELCRO SKI TIE
-
- YOU PICK IT ALL YOURSELF
-
- ALL FOR JUST £90.00
 - POSSIBLE VALUE OF £160+



Please note that these packs are for purchase and **not** for hire. Also, note that the pictures shown are examples of products and are shown for illustration purposes.



Gloves



Goggles



3 Pairs of Socks



Ski Tie



Ski Cream / Lip Salve



High UV protection sunglasses

PREMIUM PACK

- SKI GOGGLES
- SUNGLASSES
- CREAM AND LIP SALVE
- SKI GLOVES
- X3 SKI SOCKS
- THERMAL SET
- VELCRO SKI TIE
- NECKWARMER
- YOU PICK IT ALL YOURSELF
- ALL FOR JUST £110.00
- POSSIBLE VALUE OF £195+



Thermal Top



High UV protection sunglasses



Gloves



Thermal Leggings



Silk Tie



Goggles



Neck Warmer



Socks



Ski Cream / Lip Salve

SPECIAL DARE 2 BE SUIT DEAL AND OFFERS

SEE WHAT WE HAVE TONIGHT ON THE BLACK RAIL



FLEECE 2 FOR £25



DARE 2 BE SUIT DEAL RRP
£180

OFFER PRICE £99

3 COLOUR OPTIONS

BUY ANY ACCESSORY PACK AND ADD A FURTHER THERMAL SET
FOR ONLY £15