

Football boots

Freman College is intending to construct an All-Weather Pitch for football and rugby. This surface has specific guidance for footwear to both reduce risk of injury and limit wear to the facility. Please see the diagram below, the types of boots which are ok to use are the most readily available. These boots also meet the requirements for playing on grass pitches.

Use plastic-studded footwear only (no metal studs)



Do not use blades, dimpled or flat soled shoes

