

Fitness Suite Timetable

	Lunch Time 1.25-1.55 pm	After College 3.15-4.15 pm
MONDAY	Open to All (AR)	Girls Only (AR)
TUESDAY	Open to all (WTH)	Sixth Form only
WEDNESDAY	Open to All (DJE)	Sixth Form only
THURSDAY	Open to all (DJ)	Sixth Form only
FRIDAY	Open to all (EBB 5/BG 10)	Open to all (JF)

- *You must be inducted by a member of the PE Staff before you can use this facility.*
- *A Year are not permitted to use this facility.*
- *Sixth Form must ask before entering unsupervised, and be with at least 1 other student*
- *Appropriate kit must be worn. No chewing or jewellery and hair tied back*
- *If your technique deteriorates- the weight is too heavy!*
- *Equipment must be treated with respect at all times; any damage or breakages should be reported to Mr Gilligan*

