

Child Development Curriculum Map 2022/23

Freman College

Curriculum Overview:

In Child Development, we explore the key characteristics of early childhood growth and development from birth to five years across the developmental areas. Students will be able to develop knowledge, understanding and technical skills by planning, developing and adapting play opportunities suitable for young children across the five areas of development as part of their Key Stage 4 learning.

Students will gain experience on a range of topics that are important to the early years, such as the importance of play and how child-friendly environments help to support this. By studying Child Development our students will be learning about societal influences, which enables students to gain a real insight into all of the challenges, excitement, considerations and responsibility surrounding children's development. Students studying the course will have the opportunity to experience life in an early year setting through their R058 coursework study. This experience will enable them to understand what play really means for children and how important it is to plan appropriate learning activities to develop young children's knowledge and skills.

		Term 1- First 7 Weeks (until October half-term)		Term 1- Last 7 weeks (until Christmas break)		Term 2- First 6 weeks (until February half-term)	
	Topic Title	R058 -Play pals playgroup (3 days a cycle)	R057- Health and well-being for Child Development (2 days a cycle)	R058 Play pals play group (3 days a cycle)	R057- Health and well-being for Child Development (2 days a cycle)	R058 Play pals play group (3 days a cycle)	R057- Health and well-being for Child Development (2 days a cycle)
	<i>Key concept</i>	Task 1- Safe Nursery Provision	Topic Area 4- Childhood illnesses and a child safe environment.	Task 2- Identify and prevent accidents in Play pals play group	Topic Area 4- Childhood illnesses and a child safe environment.	Task 3- Recommend healthy meal choices.	Topic Area 2- Antenatal care and preparation for birth.
Year 10	<i>Pupils should know... (Core knowledge and concepts to learned)</i>	Understand provision for a nurturing, safe and fun nursery environment. Types of Essential Equipment <ul style="list-style-type: none"> ● Travelling ● Sleeping ● Feeding ● Changing ● Indoor and outdoor playing Factors affecting suitability and choice: <ul style="list-style-type: none"> ● Age and weight appropriateness ● Safety ● Design ● Durability ● Cost 	4.3 How to ensure a child-friendly safe environment Be able to identify what a hazard is. Recognise common hazards and how these can be prevented within the home: <ul style="list-style-type: none"> ● Kitchen ● Toilets/bathroom ● Stairs ● Play areas/garden ● Roads The importance of safety labelling: <ul style="list-style-type: none"> ● BSI kite mark ● Lion mark ● Age advice symbol ● CE symbol and UKCA ● Children's nightwear labelling 	Reasons why accidents happen in a childcare setting: <ul style="list-style-type: none"> ● The environment ● Lack of supervision or untrained staff ● Safety equipment ● Untrained staff ● As part of a child's development Types of childhood accidents: <ul style="list-style-type: none"> ● Choking and suffocation ● Burns ● Falls ● Electric shocks ● Drowning ● Poisoning ● Cuts and grazes ● Trapped fingers Plan to prevent accidents in a childcare setting: <ul style="list-style-type: none"> ● Different areas in a childcare setting ● Appropriate equipment for the area 	4.1 Recognise general signs and symptoms of illness in children Key signs and symptoms and treatment of: <ul style="list-style-type: none"> ● Mumps ● Measles ● Meningitis ● Tonsillitis ● Chickenpox ● Common cold ● Gastroenteritis Key signs and symptoms of when to seek emergency medical help to include: <ul style="list-style-type: none"> ● Breathing difficulties ● Unresponsive ● Limp ● High fever ● Seizures/fitting 4.2 How to meet the needs of an ill child <ul style="list-style-type: none"> ● Physical needs ● Social needs ● Emotional needs ● Intellectual needs 	Teaching should be tailored to the set task. The set task will include some of/or all of the following: 3.1 Current Government dietary recommendations for healthy eating for children from birth to five years Understand: <ul style="list-style-type: none"> ● Eatwell guide ● 5 a day ● British Nutritional Foundation recommendations ● Updated recommendations as published in the future 3.2 Essential nutrients and their functions for children from birth to five years Proteins: <ul style="list-style-type: none"> ● Growth and repair ● Carbohydrates ● Producing energy 	2.1 The purpose and importance of antenatal clinics The meaning of the term antenatal. The timing of first antenatal clinic appointment The roles of different health professionals: <ul style="list-style-type: none"> ● GP (General Practitioner) ● Midwife ● Obstetrician The reasons for routine tests/checks and what conditions they can identify: <ul style="list-style-type: none"> ● Baby's heartbeat ● Blood pressure ● Blood tests ● Examination of the uterus ● Urine test ● Weight check

				<ul style="list-style-type: none"> • Placement of equipment in the area • Supervision/staffing requirements for the area • Safety considerations • Reasons for plan choices 		<ul style="list-style-type: none"> • Fats • Warmth and protection • Vitamins A, B, C, D, E and K • Prevention of diseases Minerals: calcium, iron, zinc • Strong bones, teeth, red blood cells, wound healing, immune system • Fibre • Digestive system • Water- Hydration 	<p>2.2 Screening and diagnostic tests</p> <p>Ultrasound scans</p> <ul style="list-style-type: none"> • Dating • Anomaly • <input type="checkbox"/> Nuchal fold translucency scan • Triple test • Non-Invasive Prenatal Testing (NIPT) <p>2.2.1 The reasons for screening tests and what conditions they can identify</p> <ul style="list-style-type: none"> • Amniocentesis • Chorionic villus sampling (CVS)
<p><i>Pupils should be able to do... (Skills being developed)</i></p>	<p>Research three pieces of the same equipment type for one of the following purposes at the nursery, as given in the current assignment brief.</p> <p>For each piece of equipment, explain its suitability by considering the three factors as given in the current assignment brief.</p> <p>Choose the piece of equipment you consider is the most suitable.</p> <p>Evaluate their choice. Say why they have chosen it and why they haven't chosen the other pieces of equipment.</p>	<p>During the external assessment, learners will be expected to demonstrate their understanding through questions that require the skills of analysis and evaluation in particular contexts</p>	<p>Design a play area layout for the nursery that is age appropriate as given in the current assignment brief</p> <p>Explain what types of potential accidents that can occur lining it to your plan.</p> <p>Explain why accidents can happen in a child care setting.</p> <p>Consider prevention of potential accidents from happening in the area designed.</p> <p>Justify why their design creates a safe environment.</p>	<p>During the external assessment, learners will be expected to demonstrate their understanding through questions that require the skills of analysis and evaluation in particular contexts</p>	<p>Set task for teaching 22/23:</p> <p>Compare these two different milk formulas for babies:</p> <ul style="list-style-type: none"> • anti-reflux milk • soya milk. <p>Describe how each formula meets the nutritional needs of babies aged 0–6 months.</p> <p>Recommend a two-course meal for serving as a light tea for the children aged 3 to 4 years old.</p> <p>Describe how your meal choice meets the nutritional needs of the children aged 3 to 4 years old.</p> <p>Explain how your meal choice meets the Government dietary recommendations</p>	<p>During the external assessment, learners will be expected to demonstrate their understanding through questions that require the skills of analysis and evaluation in particular contexts</p>	

						Use the Eatwell guide, and 5 a day. Also, nutritional requirements i.e. Calories and fat context.	
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	Topic Title	Term 2- Second 6 weeks (until March half-term)		Term 3- First 6 weeks (Up until May half-term)		Term 3- 7 weeks	
		R058 The Little Bloom Nursery (3 days a cycle)	R057- Health and well-being for Child Development (2 days a cycle)	R058 The Little Bloom Nursery First 2 weeks of term	R057- Health and well-being for Child Development Last 4 weeks of term	R059 The Little Blooms Nursery (3 days a cycle)	R057- Health and well-being for Child Development (2 days a cycle)
Year 10	<i>Key concept</i>	Task 4- Plan, prepare and evaluate your meal choice.	Topic Area 2- Antenatal care and preparation for birth.	Task 1- 4	Topic Area 2- Antenatal care and preparation for birth. Topic Area 3- Postnatal checks, postnatal care and the conditions for development	Topic Area 1- Physical, Intellectual and social developmental norms from one to five years.	Topic Area 3- Postnatal checks, postnatal care and the conditions for development
	<i>Pupils should know... (Core knowledge and concepts to learned)</i>	Students should understand the importance of: <ul style="list-style-type: none"> • Equipment • Ingredients and quantities • Safety • Hygiene • Personal • Environment Labelling: <ul style="list-style-type: none"> • Jenny Ridgewell • Calories, fats, salt 3.4 How to evaluate planning and preparation of a feed/meal <ul style="list-style-type: none"> • Strengths/weaknesses • Improvements/changes 	2.3 The purpose and importance of antenatal (parenting) classes <ul style="list-style-type: none"> • Prepares both parents for labour and parenthood • Promotes healthy lifestyle and diet • Food to avoid during pregnancy • Provide advice on feeding and caring for the baby • Why breast feeding is encouraged for at least the first two weeks 2.4 The choices available for delivery <ul style="list-style-type: none"> • Hospital birth • Home birth 2.5 The role of the birth partner in supporting the mother through pregnancy and birth <ul style="list-style-type: none"> • how the birth partner can offer physical and emotional support 	Student's should spend this time making any improvements to their coursework task 1-4. They should also finish any unfinished sections and have them ready to submit by the end of this two week period.	2.7 The signs that labour has started <ul style="list-style-type: none"> • A show • Waters breaking • Contractions start 2.8 The three stages of labour and their physiological changes Stage 1: <ul style="list-style-type: none"> • Neck of the uterus opens Stage 2: <ul style="list-style-type: none"> • Birth of the baby Stage 3: <ul style="list-style-type: none"> • Delivery of placenta 2.9 The methods of assisted birth <ul style="list-style-type: none"> • Forceps • Ventouse • Episiotomy 	Lesson's should be tailored to the set assignment which will be released in June 2023. The set task will include some of/or all of the following: 1.1 The expected development norms from one to five years for the following developmental areas Physical development <ul style="list-style-type: none"> •Gross motor skills •Fine motor skills Intellectual development <ul style="list-style-type: none"> •Language •Reading and writing •Communication •Number skills Social development <ul style="list-style-type: none"> •Communicating with others •Acceptable behaviour •Sharing •Independence/self-esteem 	3.3 The developmental needs of children from birth to five years: <ul style="list-style-type: none"> • Warmth • Feeding • Love and emotional security • Rest/sleep • Fresh air • Exercise • Cleanliness/hygiene • Stimulation Routine: <ul style="list-style-type: none"> • Bath time • Feeding • Shelter/home • Socialisation/play • Opportunities for listening and talking Acceptable patterns of behaviour

			<ul style="list-style-type: none"> • the benefits of having a birth partner • Emotional Support <p>2.6 The methods of pain relief when in labour</p> <ul style="list-style-type: none"> • Epidural anaesthetic • Gas and air (Entonox) • Pethidine • TENS 		<ul style="list-style-type: none"> • Elective/ emergency caesarean section <p>3.1 Postnatal checks</p> <p>3.1.1 The postnatal checks that are carried out on the baby immediately after birth and the reasons why:</p> <ul style="list-style-type: none"> • Apgar score • Skin • Vernix • Lanugo • Weight • Length • Head circumference <p>3.1.2 The checks that are carried out on the baby within one to five days of birth and the reasons why:</p> <p>Physical examination:</p> <ul style="list-style-type: none"> • Feet • Fingers • Hips • Eyes • Heart • Testicles in boys • Fontanelle • Heel prick test (blood spot test) <p>3.2 Postnatal care of the mother and baby</p> <p>The role of the Health Visitor in supporting the new family including:</p> <ul style="list-style-type: none"> • Safe sleeping - Sudden Infant Death Syndrome (SIDS) and how to reduce the risk • How partner, family and friends can provide physical and emotional support • The purpose of the mother's '6-week postnatal check' with the GP 	<p>Understand that development is holistic:</p> <ul style="list-style-type: none"> • as children develop they should reach specific developmental norms at certain ages • the sequence of physical, intellectual and social development • that some children may develop differently in some areas due to disability or any other reason 	
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<p><i>Pupils should be able to do... (Skills being developed)</i></p>	<p>Set task for teaching 22/23:</p> <ul style="list-style-type: none"> • Make their own two-course meal choice from Task 3. <p>Students must:</p> <ul style="list-style-type: none"> • Produce a plan for preparing your feed or meal to include: <ul style="list-style-type: none"> • equipment • ingredients and quantities • safety • hygiene. <p>Make the feed or meal following safety and hygiene practices.</p> <p>Use annotated photos or a video to show step-by-step how they made the meal and followed safety and hygiene practices</p> <p>Students then must:</p> <ul style="list-style-type: none"> • Evaluate your own performance. • strengths and weaknesses of their planning and preparation • suggestions for improvements or changes. 	<p>During the external assessment, learners will be expected to demonstrate their understanding through questions that require the skills of analysis and evaluation in particular contexts</p>		<p>During the external assessment, learners will be expected to demonstrate their understanding through questions that require the skills of analysis and evaluation in particular contexts</p>	<p>Set task will be released in 2023. It could include the following:</p> <p>Explain, using examples, the expected physical, intellectual and social developmental norms for a child aged 4 to 5 years.</p> <p>Examples could include:</p> <ul style="list-style-type: none"> • Gross motor skills - stands/walks unaided, jumping, balancing • Fine motor skills - uses fingers or spoon to feed self, pincer grasp to pick up small objects <p>Examples of intellectual development norms may include:</p> <ul style="list-style-type: none"> • Language - listening, talk in sentences • Reading and writing - write letters of the alphabet, interest in books • Communication - verbal, body language, smiling, crying • Number skills - number games, simple counting activities <p>Examples of social development norms may include:</p> <ul style="list-style-type: none"> • Communicating - talking/conversations with carers/parents/friends • Acceptable behaviours - manners • Sharing - taking turns 	<p>During the external assessment, learners will be expected to demonstrate their understanding through questions that require the skills of analysis and evaluation in particular contexts</p>	

							<ul style="list-style-type: none"> Independence/self-esteem - leaving parent/carer, making choices, able to dress themselves 	
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		Term 1 (Until Christmas break)		Term 2		Term 3 (before study leave)
Year 11	Topic Title	R059 The Little Blooms Nursery	R059 The Little Blooms Nursery	R057 – Preparation for external exam	R057 – Preparation for external exam	R057 – Preparation for external exam
	<i>Key concept</i>	Topic Area 2: Stages and types of play and how play benefits development	Topic Area 4: Plan and evaluate play activities for a child aged one to five years for a chosen area of development	Revision: Topic area 1-4	Revision: Topic area 1-4	Revision: Topic area 1-4
	<i>Pupils should know... (Core knowledge and concepts to learned)</i>	<p>Understand that development is holistic:</p> <ul style="list-style-type: none"> as children develop they should reach specific developmental norms at certain ages the sequence of physical, intellectual and social development that some children may develop differently in some areas due to disability or any other reason <ul style="list-style-type: none"> Solitary Parallel Associate Co-operative Manipulative play Co-operative play Imaginative play Physical play Creative play Physical development Intellectual development Social skills Creative skills <p>Methods of observation</p> <ul style="list-style-type: none"> Narrative Checklist Snapshot Time sample Participative Non-participative <p>Methods of recording</p> <ul style="list-style-type: none"> Chart 	<p>Set task will be released in June 2023. It could include some or all of the following:</p> <p>Plan play activities for a intellectual development;</p> <ul style="list-style-type: none"> Chosen activity Reason for choice Aims Developmental area Timing Safety considerations Appropriate resources How the activity will be introduced to the child <p>How to evaluate plans for play activities:</p> <p>Using feedback from others</p> <p>Using self-reflection</p>	To revisit all content from topic areas 1-4 in order to better prepare for June examination.	To revisit all content from topic areas 1-4 in order to better prepare for June examination.	To revisit all content from topic areas 1-4 in order to better prepare for June examination.

		<ul style="list-style-type: none"> ●Written ●Child's work ●Photographs 	<p>How to evaluate plans for play activities:</p> <p>Were the aims met?</p> <p>Successes, strengths and weaknesses</p> <p>Changes or recommendations to improve activity and planning</p>			
<p><i>Pupils should be able to do... (Skills being developed)</i></p>	<p>Set task will be released in 2023. It could include some or all of the following:</p> <p>Explain, using examples, the expected physical, intellectual and social developmental norms for a child aged 4 to 5 years.</p> <ul style="list-style-type: none"> • Choose an observation and recording method for the child you are observing and explain the reasons for your choice. • Complete your observation and record your findings. • Use your findings to identify the stage of development your child has reached and compare the child with the expected developmental norms for their age against the intellectual development area. • Include examples to support your comparisons of developmental norms. 	<p>Set task will be released in 2023.</p> <p>Use self-reflection and the findings from your feedback to evaluate your planned play activity.</p> <p>For your planned play activity consider: if the aims are clear and relevant</p> <p>The areas of success, strength and weakness</p> <p>Changes or recommendations for improvements</p>	<p>During the external assessment, learners will be expected to demonstrate their understanding through questions that require the skills of analysis and evaluation in particular contexts</p>	<p>During the external assessment, learners will be expected to demonstrate their understanding through questions that require the skills of analysis and evaluation in particular contexts</p>	<p>During the external assessment, learners will be expected to demonstrate their understanding through questions that require the skills of analysis and evaluation in particular contexts</p>	

		<p>Choose a suitable play activity and explain: Why this activity is appropriate for the area of development the stage and type of play the benefits of the activity to the child.</p> <p>Produce a plan for your play activity to include:</p> <ul style="list-style-type: none">• Intellectual development• Aim of the activity• Description of the activity• Timing for the activity• Safety considerations• Resources needed• How the activity will be introduced to the child.				
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