

# FREMAN COLLEGE

A Year Information Evening



# A Year

## CURRICULUM BOOKLET



**2024 -2025**

**Freman**  
COLLEGE

Copy on the  
website



# Key Stage 4 Courses

GCSEs

Cambridge Nationals

At 16 students take public exams in either GCSEs or Cambridge Nationals. Both are equal in terms of moving on to next steps. The Cambridge courses are more coursework heavy.

All GCSE subjects	Old GCSE grades	Cambridge Nationals
9	A* (Middle / High)	
8	A (High) / A* (Low)	D*2
7	A (Low / Middle)	D2
6	B (Middle / High)	M2
5	C (High) + B (Low)	P2
4	C (Middle / Low)	P2
3	D	D1
2	E + F (High)	M1
1	F (Middle / Low+ G)	P1
U	U	U

How GCSE grades work – some of you might still appreciate looking back to the “old money” of letters rather than numbers. Government considers a Grade 4 to be a Standard Pass and a Grade 5 a Strong Pass.

When key assessments happen throughout the 3 years to prepare students for public exams.

Internal tests/activities/exam-based tests- each half-term

I Year trial exams – at the end of the Spring Term

E Year trial exams – at the end of the Autumn Term / Spring Term

Written exams – May/June 2027



# Reporting at Freeman

Progress Reports in October, February and May.

Virtual Consultation Evenings in March for Core and Options subjects. We use the Schoolcloud platform.

Dear Parent / Carer

I am pleased to provide you with **Jenna**'s first A Year progress report. I hope this report enables you to monitor her progress so far, and helps to maximise her potential in each of her courses. If you have any questions please contact **Jenna** Group Tutor.

Please see overleaf for an explanation of the codes used in this report.



Ms H Loughran  
Headteacher

Subject	Teacher	Target Grade	Latest Assessment Grade	Behaviour and engagement	Suggestion for improvement
Art	Miss C. Martucci	7	5	Good	
Biology	Mrs H. Stenning	6	2	Excellent	
Chemistry	Dr G. Glassmith	6	5	Excellent	
Drama	Mrs J. Todd	7	1	Good	
English	Mrs R. Patman	7	5	Excellent	
Food Preparation and Nutrition	Ms P. Bhullar	7	3	Good	
French	Ms S. Gauthier	6		Excellent	
Geography	Mr M. Hyde	7		Excellent	
German	Mrs D. Ide-Davies	6		Excellent	
History	Mrs V. Bentley	7		Excellent	
IT	Miss T. Brown	6	2	Good	
Maths	Ms F. Patel	6	3	Good	
Music	Mr R. Meekins	7	5	Excellent	
PE	Mrs S. Lewey			Excellent	
Physics	Ms C. Downie	6	4	Good	
RE	Mr N. Loynes	6	4	Excellent	
Resistant Materials		7			

What information will I receive in an A Year progress report?



What a report will look like.

We will also send you a video and a booklet explaining what all the information means.



**Subject: History**

**Teacher: Mr M E Trapmore**

<b>Target Grade:</b>	<b>Latest Assessment Grade:</b>	<b>Effort Grade:</b>	<b>Advice for Improvement:</b>	<b>Behaviour Grade:</b>	<b>Advice for Improvement:</b>
5	5	Excellent		Excellent	

**Subject Advice:**

Organise your answer into paragraphs; each with a clear point and supported by own knowledge. Explain how your point links to the question. You will then move towards producing a sustained line of argument throughout your answer.

Include more historical detail in your answers. Look at how many marks are available and think about the appropriate amount of description or analysis required.

**Subject: English**

**Teacher: Ms H E A Carr**

<b>Target Grade:</b>	<b>Latest Assessment Grade:</b>	<b>Effort Grade:</b>	<b>Advice for Improvement:</b>	<b>Behaviour Grade:</b>	<b>Advice for Improvement:</b>
5	4	Good		Inconsistent	B5

**Subject Advice:**

Zoom in and deepen your analysis. Say more than one thing about the quotation you have chosen. Select a word to write a further sentence about and consider its connotations

Link your analysis to the big ideas that you think the writer intended their reader/audience to think about.

One report a year will contain more specific subject advice.

# Behaviour

# Effort

Excellent

Good

Inconsistent

Poor

Improvement advice will be given at I and P

Interventions will be put in place if a student is poor or inconsistent in a number of subjects.



# Assessment at Freman

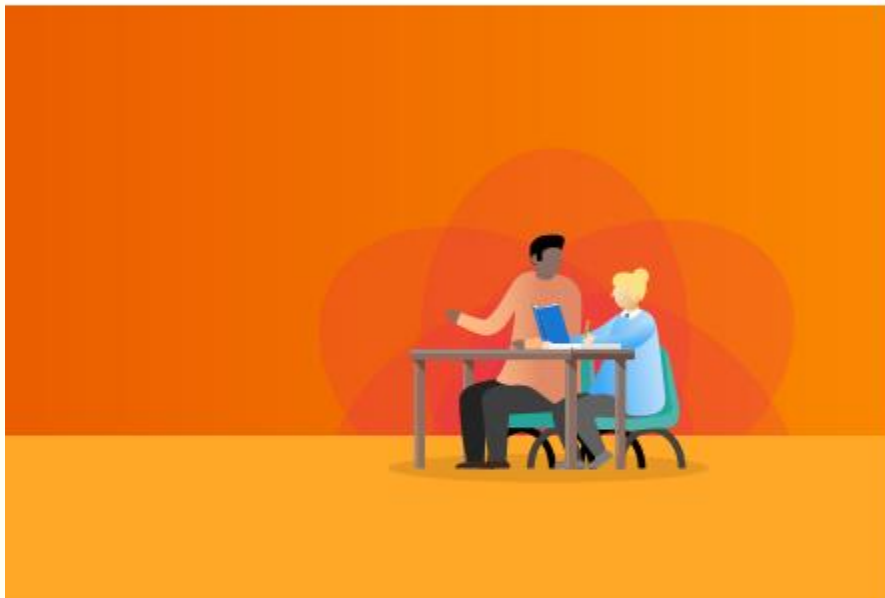
*The main role of feedback, at least in schools, is to improve the learner, not the work. The idea is that, after feedback, students will be able to do better at some point in the future on tasks they have not yet attempted.*

*Dylan Wiliam, June 2021, EEF Report*

We spend a lot of time in teacher development time making sure that we're clear about the purpose of assessment.

# TEACHER FEEDBACK TO IMPROVE PUPIL LEARNING

Guidance Report



Our policy and practice is in line with the latest government guidelines.

Marking is one  
form of  
assessment.

This is a crucial point. Lots of evidence that shows written marking is not as effective as other forms of feedback.

Worked examples / model answers

Whole Class feedback

Targeted marking

Self assessments

We provide high quality feedback to students in classrooms in a variety of forms.

Use of codes

Peer assessments

Live marking

Refusing sub-standard work

Questioning

Highlighted marking

Focused marking



Really useful equipment!  
Worth keeping an eye on pencil cases – always worth adding to the Christmas stocking.  
Smartphone – essential for learning.  
Scientific calculator – check model in the A Yr Booklet



# satchel: one

Satchel One is one of our key ways of communicating with you

Satchel One is an app or website with a login for both you and students to be able to see a whole series of data and information regarding their time in college.

Students were given log ins last week (via Office 365) and emails were sent for you to use to log in,

Please let us know via email if you are struggling to log on.

Information  
the app will  
provide.

- Homework
- Behaviour
- Timetables
- Attendance
- Detentions



# Timetables

14:50 4G 81

[Home](#)  [May](#)  [Today](#)

TUE

21

**Chemistry** 09:00 - 10:00  
Bromine  
Mr Merison  
10R/Ch1

**Sport** 10:00 - 11:00  
LOFT  
Mr Young  
10C/Sp1

**English** 11:20 - 12:20  
Frankenstein  
Mr Hemel  
10R/En1

**History** 12:20 - 13:20  
Seacole  
Mr Trapmore  
10A/Hi1

**Mathematics** 14:15 - 15:15  
MOBIUS  
Miss Summers  
10R/Ma4

WED

22

**Food Preparation and Nu...** 09:00 - 10:00  
Culina  
Mrs Malone  
10D/Fp1

# Homework

---

## Homework Timetables

Students have homework set by nearly all subjects over the two week period. They should be 30 - 45 minutes long, but this depends both on the student and on where the class are up to.

Homework timetables are displayed in tutor rooms for students and are available for you on the college website.

It is set by teaching group, so you'll need to ask your child which group they are in .

# Homework

The screenshot shows the 'To do' section of the Satchel One app. At the top, there is a green header with 'Home' and a profile icon, and 'To do' with 'All' and 'To do' filters. Below the header, there are three tabs: 'Upcoming', 'Past', and 'Overdue'. The main content is a list of tasks organized by date:

- Thursday 23rd May**
  - Nature Photographers study** Photography
- Friday 24th May**
  - Maths Homework** Mathematics
  - Vegan/Vegetarian Project - HAND IN** Food Preparation and Nutrition
- Tuesday 4th June**
  - COMBINED SCIENCE ONLY: Magneti...** Physics
  - SEPARATE SCIENCE ONLY: Magneti...** Physics
- Friday 7th June**

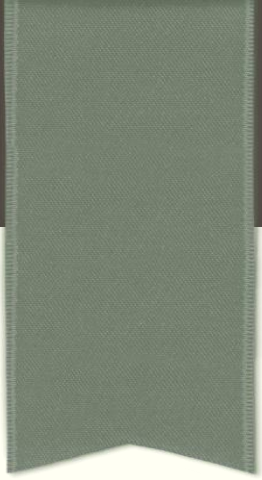
The screenshot shows the 'Dashboard' section of the Satchel One app. At the top, there is a green header with 'Home' and a profile icon, and 'Dashboard'. The status bar at the top shows the time as 14:48, signal strength, 4G, and a battery level of 82%. The dashboard features three main sections:

- Tasks due today:** A green circular progress indicator showing 0/0 tasks, with a 'See all' link below it.
- Overdue tasks:** A pink circular progress indicator showing 0 overdue tasks, with a 'See all overdue' link below it.
- Comments & grades added this week:** A white box with a speech bubble icon and the number 0, with a 'See all updates' link below it.

The homework tasks and due in dates are set on Satchel One for both you and students to be able to see what is due.

The app can used to give notifications and for students to communicate with you when they think they have completed their work .

Homework is important, students having time and space to complete work at home is a key way we as parents can support the college.



# Target setting at Freman

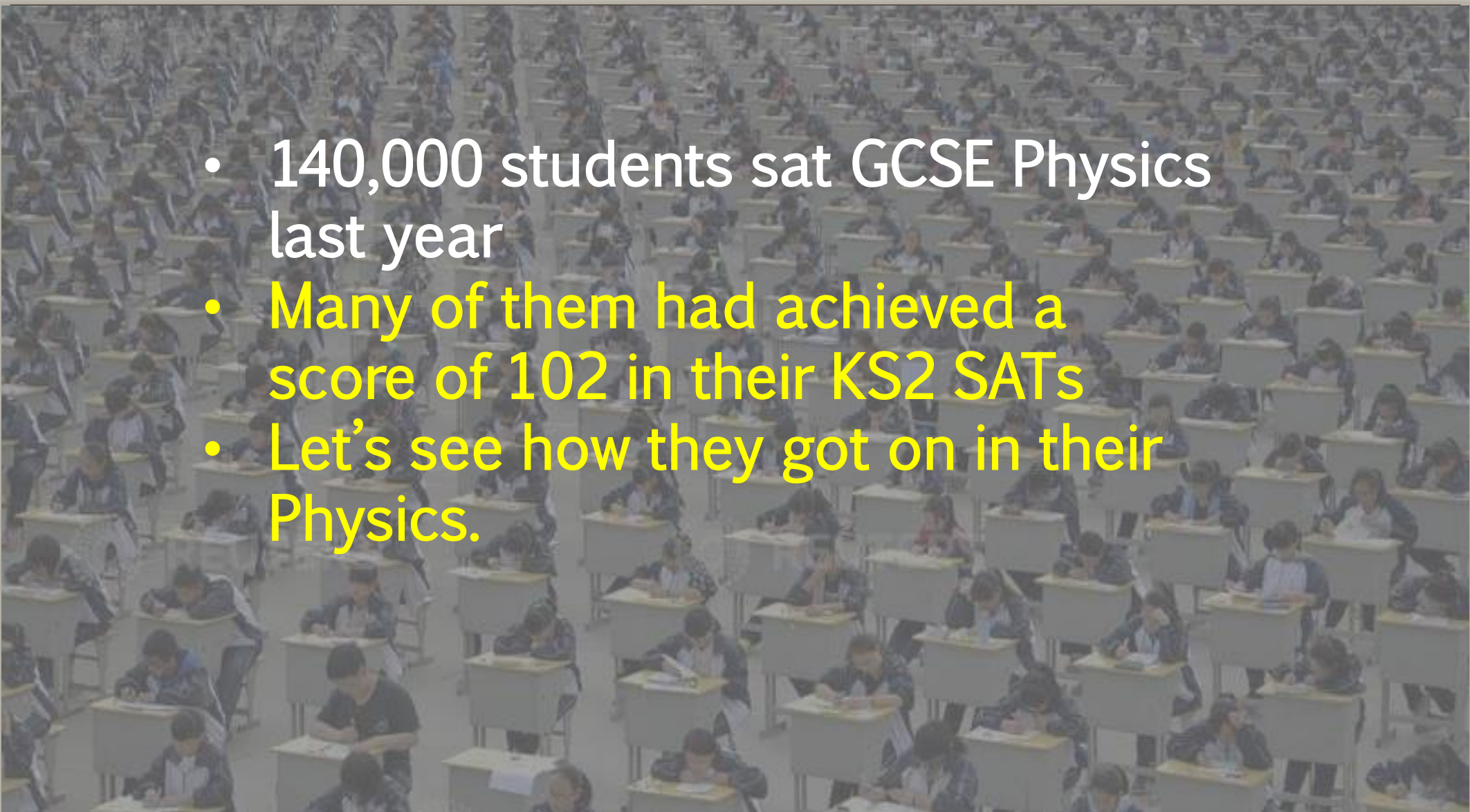
# HOW ARE TARGETS WORKED OUT?

---

- Targets are based on the scores that students achieved at KS2 in English and Maths
- A score of 100 is average
- An organisation called FFT collect KS2 scores from the DfE for every student in the country
- They can estimate what GCSE grades students are most likely to get based on their KS2 scores
  
- This is how it works....



# TARGET SETTING IN GCSE PHYSICS

- 
- 140,000 students sat GCSE Physics last year
  - Many of them had achieved a score of 102 in their KS2 SATs
  - Let's see how they got on in their Physics.



# What were their GCSE Physics Grades in 2024?

Grades  
obtained by  
all students  
with a KS2  
score of 102  
in their  
SATs

Grade	What % of students?
9	1
8	4
7	9
6	18
5	24
4	19
3	16
2	8
1	1
Total	100



Target grades are **not** what we think that students will get.

They are what the students should aim to meet...  
... or beat.

We set target grades aimed at our students being in the top 20% of students in the country.

Grade	What % of students?
9	1
8	4
7	9
6	18
5	24
4	19
3	16
2	8
1	1
Total	100

Target grades will be issued later this term

---

---

Why so soon?

- GCSEs have already started in some subjects!
- Just next term students will be choosing courses to continue with...

# Spring term

---

---

- The process to support students making the right decisions about what subjects to take:
  - Assembly
  - Booklet with information on all the courses
  - Options evening for Parents/Carers
  - Consultation evenings
  - Guidance from staff

# Summer term – after the Half Term holiday

---

Students begin their “All Change” timetable and begin the courses they will continue with in I and E Year.

# Office 365

---

- All students have a computer login in college, and this was introduced to them during their induction session last week.
- In addition, they have an office365 login. This is the same password as in college and their username is: 24SurnameFirstInitial@fremancollege.herts.sch.uk
- This is also their email address.
- 365 gives them access to Word/Excel/Powerpoint etc. online and access to their college files.
- The login page is via “portal.office.com” or the college portal. The link is on our website.

## E-Mail

---

---

- The vast majority of students use their email address really effectively, as a way of communicating with each other for school work and with staff.
- Please be aware that we don't expect staff to reply to emails between the hours of 5pm and 8am or at weekends.



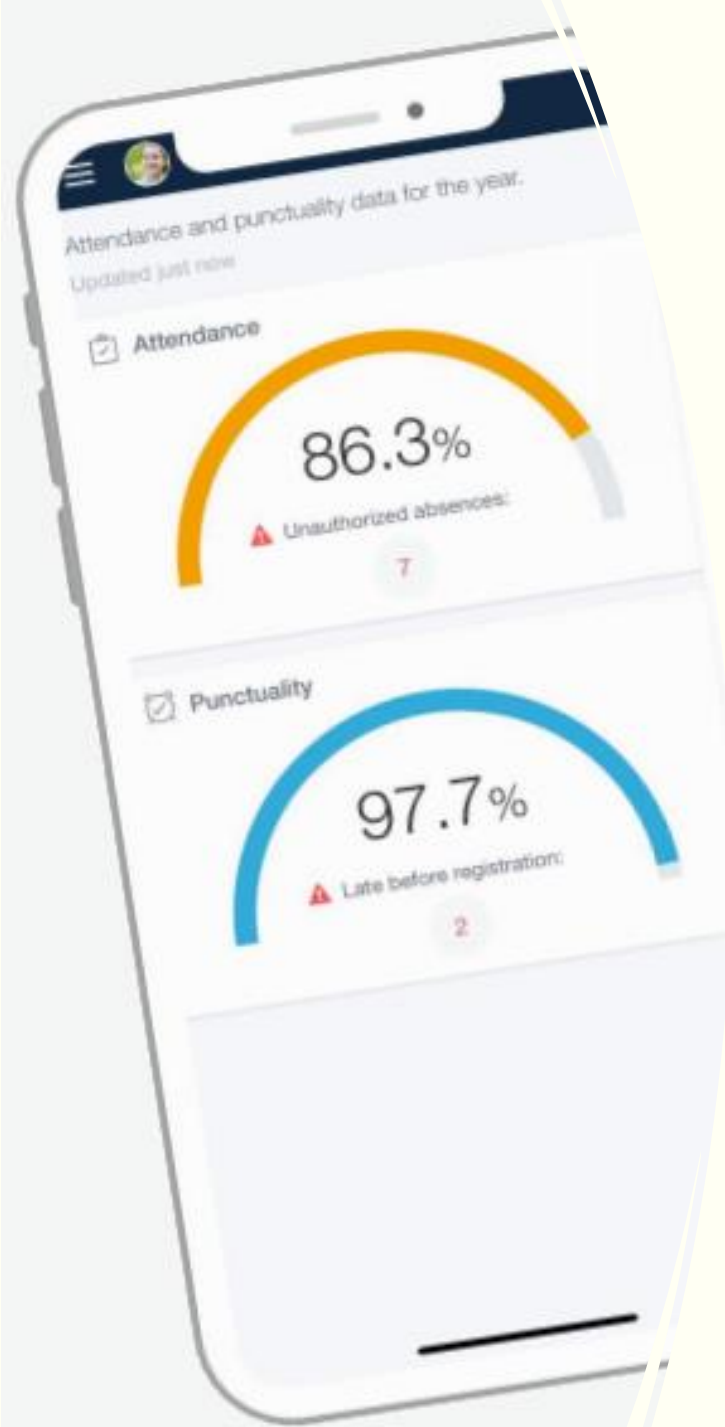
# Behaviour and Expectations



# Behaviour and attitude to learning

---

- High expectations of students
- We seek to create an environment in which students and staff feel secure and happy and in which high quality learning can take place.
- Expectations are clearly explained to students through assemblies / tutor time.



- Attendance –
- A Year-to-date overview of attendance and punctuality
- Able to see the attendance marks for the current day.

% Attendance	= Average absence	GCSE lessons missed	% 9-4
100%		0	75
95%	$\frac{1}{2}$ day/fortnight	40	60
92.5%	$\frac{1}{2}$ day/fortnight +	65	53
90%	$\frac{1}{2}$ day/week	85	45
85%	1 $\frac{1}{2}$ days/fortnight	115	35
80%	1 day/week	170	27

## Attendance

- Freman expectation of a minimum of 95% attendance.
- Half termly letters flagging concerns and in serious cases this may include AIO involvement – possible prosecution.
- 15 Missed school days a year = average DROP in GCSE achievement of a grade per subject!

### How to help:

- Please avoid holidays in term time.
- Let the office/tutor know if student is absent.
- Avoid making medical appointments during the school day where possible.
- Ensure student goes via the office if unwell – don't take the call of "I want to come home".

- Positives points
- Negative points
- Badges – awards for college contribution

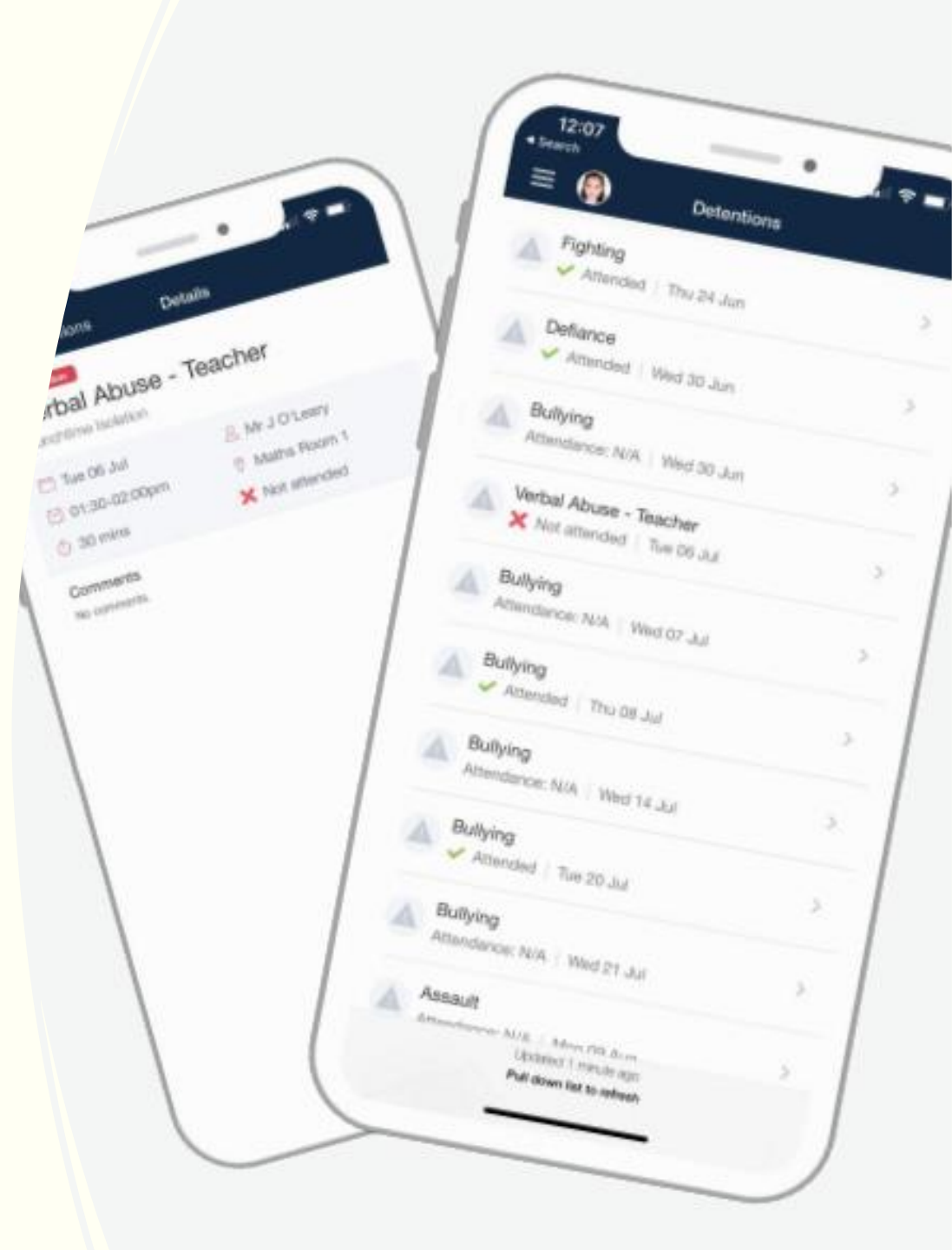


## Praise and Rewards

---

- praise shared with relevant staff via Satchel One
- the awarding of Bronze, Silver and Gold Awards half-termly
- House and College assemblies
- House Colours
- House and College events
- Communications to parents / carers via telephone, email, letters and certificates
- daily interactions with students
- parent consultation evenings

- Detentions
- A list of upcoming and past detentions with details of reason and update on attendance.



# Uniform

---

---

Incorrect uniform will result in a lunch time detention. Parents will be notified via Satchel One

# Sanctions and interventions

---

Tutors and HoH will inform parents/carers if students are not meeting our expected standards.

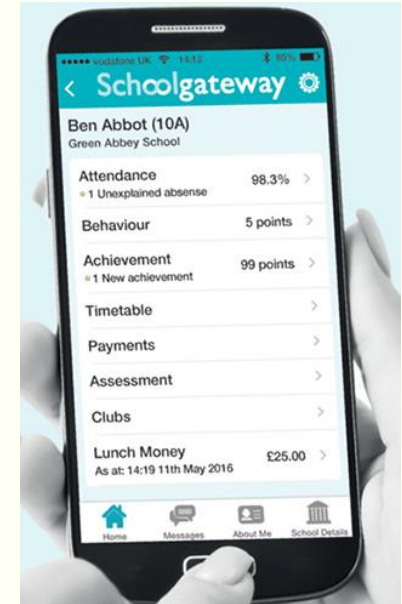


# Payment

---

## School Gateway

- Lunches
- Shop items and trip payments
- College plays and shows
- Non-uniform days
- Guitar lessons



The college is cashless and School Gateway is the app we use for you to be able to easily pay the college for various bits and bobs such as these. If you are struggling to access your School Gateway account, the college office will be able to help you.

One thing to note is that extra curricular, or peripatetic, music lessons are booked directly through Herts Music Service – *except* guitar lessons as Mr Smith, our guitar teacher, is employed by the college. Please see our website for details on this or contact the college office.

- 
- 
- The college office will notify you, generally by email if there is a new payment item which requires your attention – a trip payment, for instance.
  - You need to keep an eye on the lunch money though as the system doesn't notify you when funds are low. Every time the students use their account it tells them their balance – and you can clearly see what they have purchased and the balance on their account through the app.
  - It takes around 20 minutes to hit the account after funds are loaded. So if you / daughter gets in touch at the start of break asking for their account to be topped up, it's not likely to be available to them until lunch time. We don't ever want students to go hungry though so they must speak to the office if they have no food or way to buy any.

# Food

---

In both parent and student surveys food is often mentioned. Let's face it – teenagers can eat!

Our catering service is run in-house which means that we can work more closely with the team to create fresh healthy menus – that still appeal to teenagers! This may involve hiding a vegetable or four within a curry or bolognaise sauce!

Our service is very different from a middle school service. We offer 3 services – breakfast, break and lunch and different food is served at each service.

The food service operates on a first come, first served basis, rather than sittings, but there is always food left over at the end of each service

It's a cashless system using either biometric or pin number access.

- Breakfast
- 08:10 - 08:40
  
- Break
- 11:00 – 11:20
  
- Lunch
- 13:20 – 14:05

# Menu example - daily vegetarian option also available

Menu Week A						Freman COLLEGE
	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Main</b>	Macaroni Cheese	Chilli con Carne	Peri Peri Chicken	Beef Lasagne	Oven Baked Southern Fried Chicken	
<b>Vegetarian</b>	Macaroni Cheese	Roast Vegetable Lasagne	Peri Peri Quorn	Cheese Fian/Quiche with Potato Wedges	Vegan, Margherita and Pepperoni Pizza	
<b>Served with</b>	Garlic Bread Vegetables/Salad	Basmati Rice, Sour Cream and Tortilla Crisps Vegetables/Salad Garlic Bread	Chips/Veggie Rice Vegetables Coleslaw	Vegetables/Salad	Chips Baked Beans Vegetables	
<b>Dessert</b>	Marble Sponge Cake	Oaty Banana Flapjack Marble Sponge Cake	Chocolate Krispie Slice Flapjack	Fresh Fruit Chocolate Krispie Slice	Chocolate Brownie	
<b>Just a potato</b>	Cheese Baked Beans Tuna	Beef Chilli Cheese Baked Beans	Cheese Baked Beans Tuna	Beef Bolognese Cheese	Cheese Baked Beans	

Menu Week A						Freman COLLEGE
<b>Pasta</b>	Penne with Vegan Meatballs in a Basil and Tomato Sauce	Penne with Arrabbiata Sauce	Pasta with Three Cheese Sauce	Pasta with Tomato and Basil Sauce	Penne with Pesto Sauce	
<b>Panini</b>	Cheese and Ham Cheese and Tomato	Cheese and Pepperoni Pesto and Mozzarella	Bacon and Cheese Mozzarella and Tomato	Cheese and Pepperoni Cheese and Tomato	Cheese and Ham Cheese and Tomato	
<b>Grab N' Go</b>	Beef burger Chicken Pie Slice Spicy Popcorn Chicken and Chips Sweet Chilli Chicken Wrap Sweet Chilli Quorn Wrap Waffle Fries	Southern Fried Chicken Burger Pepperoni Pizza Chicken Nuggets and Chips Margherita Pizza Oven Baked Waffle Fries Onion Rings	Beef Burger Chicken Pie Slice Spicy Popcorn Chicken and Chips BBQ Chicken Wrap BBQ Quorn Wrap Cheesy Garlic Bread Oven Baked Waffle Fries	Southern Fried Chicken Burger Chicken Wings and Chips Fish Finger Bap Quorn Burger Oven Baked Waffle Fries	Beef Burger Spicy Popcorn Chicken and Chips Pepperoni Pizza Spicy Bean Burger Margherita Pizza Cheesy Garlic Bread Oven Baked Waffle Fries	
<b>Available daily</b>	Salad Bar including Bread and Pasta Salad Selection of Sandwiches, Wraps, Baguettes, Bagels, Paninis: Egg Mayonnaise, Tuna Mayonnaise, Cheddar Cheese, Honey Roast Ham, BLT, Southern Fried Chicken, Chicken and Bacon Caesar, Vegan Greek, Vegan Mexican Bean and Avocado Fresh Fruit, Fresh Fruit Salad Pots, Yoghurt, Crudites with Houmous Selection of Homemade Cakes, Cookies, Traybakes, Muffins and Biscuits Ice cream and Ice Lollies					

As far as food allergies are concerned, the canteen is fully compliant with Natasha's Law and there is an allergy folder for each item on the menu. If your son / daughter has allergies and is unsure about any items on the menu they should speak to any member of the canteen team.

Students in receipt of free school meals will have their daily allowance, currently £3.50 credited to their account if they take up their meal option. They enter their pin or use their thumb print just like everyone else. You may add to this amount if you wish.

# Student Safeguarding and Wellbeing

---

- The wellbeing and safeguarding of students is extremely important to us at Freman College
- It is important that students share their concerns with parents/carers and staff.
- If you are concerned about your son or daughter, please pass on the information to the Pastoral Team.
- If you would like external support, there are extremely helpful links to services that will support your child on our website within the Wellbeing area.

# Wellbeing Hub

---

- [Freman College | Upper School & Sixth Form with Academy Status](#)

Our Wellbeing Hub has key website information for both carers and students to access

# Pupil Premium and Free School Meals

---

- At the New Students' Evening in July, you received documents that contain all the information you need regarding all the support we offer with financial costs at Freman
- If you are currently in receipt of Free School Meals, you will have received an email from us since the start of the college year, further detailing the financial support we can offer.
- If you would like further details regarding support, we have a Pupil Premium area on our website which offers links to outside agencies and how to apply for FSM.

## Joining in and taking part . .

---

- Freman offers students a huge range of extracurricular activities in sport, art, music and drama.
- We want all students to join and take part in whatever activity it might be, we feel it's important that they learn the benefit of making a contribution.
- The college calendar is available on the website and indicates all major events.



# Trips

---

The college runs a number of trips throughout the year. These range from curriculum based day trips such as Art Galleries, Theatre trips or Fieldwork to overseas visits such as the Ski trip and Classics trip.

Details for these come home via email. For more expensive trips a payment program is put in place to support the costs of the trip.

## Events to watch out for . . .

---

- Amnesty Quiz October 17<sup>th</sup>
- House Cross Country October 18<sup>th</sup>
- House Drama October 24<sup>th</sup>
- College Musical – We Will Rock You November 26<sup>th</sup> and 27<sup>th</sup>
- House Music January 30<sup>th</sup>
- Live Lounge April 24<sup>th</sup>

---

---

Thank you for choosing Freman College and trusting us with your children. We hope they will have a great time with us.

